

## Spectacular Kidney Nutrients

*Premier Nutrients To Strengthen The Kidneys*

### Get The Best Kidney Nutrients

#### Grade A Japanese Agaricus Bisporus Extract

- Low temperature, patented process, concentrated mushroom extract
- Famous for cleansing and strengthening the kidneys  
In studies with terminal kidney failure patients, serum creatinine levels were dramatically reduced, which helped to extend their lives  
*No solvent-extracted, highly heated, pesticided or hybrid varieties*

#### Grade A Chinese Cordyceps Extract

- Specially fermented mycelial mushroom extract  
*With a minimum 15% andenosin (a key highly active compound), up to 100 times more potent than other extracts*
- Famous kidney, lung and liver tonic  
*In studies, it increased 17-hydroxycorticosteroid and 17-ketosteroid levels (acting like non-toxic super-cortisone). Using this herb, women runners shattered 9 world records (1993).*
- For superior results, the best extract is from mycelia (a special part of the mushroom) which has been specially fermented, not just whole mushroom powder.

#### Grade 10 Indian Coriander Seed\*

- Famous ancient Ayurvedic herb to tonify and nourish the kidneys. Rated as a "satvic" herb: the highest healing category of herbs
- Specially grown in India in rich soil, 5 miles away from any road; meticulously harvested by traditional Indian herbal masters  
*No weak, toxic, pesticided or hybrid varieties*

#### Grade 10 European Vegetable Extracts

- Premier quality, low-temperature, nonhybrid vegetable extracts of asparagus, celery, beet and lycopene (from tomato)
- These extracts contain powerful phytonutrients which strengthen the kidneys as well as modulate the immune and endocrine systems.  
*No weak, toxic, pesticided, or solvent-extracted American vegetable extracts*



#### Grade 10 Indian Noni (*Morinda citrifolia*)\*

- World-famous for whole-body regeneration by protein/enzyme activation. Strengthens kidney function via its anti-infection, anti-inflammatory and anti-cancer compounds
- The correct species of Noni
- Specially grown in the deep forests of India, 5 miles away from any road; meticulously harvested by traditional herbal masters (low temperature, air-dried)  
*No solvents or fumigants, no toxic flavorings or commercial fruit juice*

#### Premier Quality, European Beta-Sitosterol and Related Sterols

- Newly discovered, careful low-temperature processing of European plant sterols
- Famous plant hormones which help regulate and enhance kidney and immune function
- No high heat or freeze-drying which destroy the glucosides attached to the sterols  
*No weak, toxic, pesticided or solvent-extracted plant sterols*

**Grade 10** = An ayurvedic grading system (from 1 to 10, 10 being the best) devised over 8,500 years ago in India, still in use today.

# Agaricus Extract

*Returning The Power To The Kidneys*

## The Kidney Powerhouse

Over 5,000 years of Chinese medical science has proven that the main strength of the body lies in the kidneys (energetically speaking). When the kidneys weaken, your health is sure to fail and chronic diseases can painfully linger. The first step back to good health is to strengthen the kidneys. The outcome of any disease ultimately depends on the power of the kidneys. A special, patented mushroom extract made from Agaricus bisporus can dramatically boost the body's kidney function. We call agaricus extract the Kidney Powerhouse.

## Reversing Kidney Failure

In one remarkable study, Agaricus bisporus extract was given to terminal kidney failure patients who had not responded to any other therapy. For them, death was imminent. For the majority of the patients, the mushroom extract dramatically reduced the creatinine levels in their blood (a measure of the progress of kidney failure), thereby literally extending their lives.

Many factors weaken and damage the kidneys, especially the long term stress of chronic illness. Other common kidney-depleting factors are physical and emotional stress, taking medical drugs on a regular basis (especially antibiotics, pain killers and high blood pressure medication), using street drugs such as marijuana, and eating a poor diet including too much red meat, coffee, fried foods, chips, white sugar, hydrogenated oils, soft drinks, foods with aspartame and other toxic food additives. This mighty little mushroom, agaricus, can help to turn back all this damage by strengthening the kidneys.

## Stinky Toxins In Your Bowels

More than 100 trillion bacteria exist in the intestines. Certain bacteria, such as E. coli, decompose protein and fat from your diet, releasing foul-smelling breakdown products in your intestines. These putrid chemicals, such as ammonia, indoles, skatole, triptamine, mercaptan, hydrogen sulfide, and amines, can be absorbed through the bowel lining into your blood. Once in the blood, these harmful chemicals can go all over the body and cause distress. They can travel to your brain and create depression, foggy thinking, anxiety or poor memory. They can create chronic fatigue, kidney stress, aching joints, saggy skin, liver stagnation, rapid aging and much more.

Agaricus can dramatically purify the blood. Research shows that it can radically reduce or completely eliminate putrid chemicals in the blood. In one study, animals were fed a large amount of amino acids. After the animals were given agaricus, two major waste products from amino acid breakdown (indoleacetic acid and tryptamine) were completely eliminated from the blood. Agaricus was able to detoxify the putrid by-products in the bowel so that they were not absorbed into the blood. By clearing toxic bowel chemicals, agaricus supports clean, healthy intestines.

In a study with elderly patients, agaricus extract reduced blood levels of ammonia (a toxic waste product) by 52% in just 30 days (from an average of 93 ug/dl to 45 ug/dl). This means a reduced burden on the kidneys and liver which must continually detoxify these foul chemicals.

## Constipation and Body Odor

If you have constipation (lack of a complete bowel elimination every day), you are most likely absorbing toxic bowel wastes into your blood. Do you have foul-smelling bowel eliminations? If so, you may have a toxic bowel, clogged with old waste products not being properly eliminated. Agaricus was effective in significantly reducing offensive bowel odors in only 30 days.

Foul mouth and body odors are caused mainly from putrid by-products of protein in the intestines that are absorbed into the blood and then circulated throughout the body. Over time, these toxic chemicals can lead to reduced kidney function and later, chronic disease. Those with chronic disease commonly have "filthy blood," blood which is full of toxic waste products. To effectively clear toxic body waste, Agaricus bisporus is a proven super detoxifier.

In one study, agaricus extract was given to elderly patients with chronic loose stools or diarrhea. In just 30 days, 100% of them improved. Their stools became more shaped or completely normal and the foul fecal odor was reduced. The majority of them also gained improvement in their digestion. In another study with college students, agaricus extract was 92% effective in alleviating offensive mouth odors.

## Super Allergy Fighter

Agaricus extract may be one of the most powerful anti-allergy substances ever discovered. Research has shown agaricus extract works *better than cortisone* (a steroid drug) to reduce leucotrienes, allergic substances generated during the onset of asthma. Agaricus cleared 4 different types of leucotrienes by 82% (on average), while hydrocortisone averaged only 69%.

## The Return of Kidney Power

Taking agaricus extract can return power to your kidneys. This can mean dramatic help to overcome chronic disease and get well. This extract contains unique phytonutrients known to powerfully boost kidney and liver function, clear putrid chemicals from the blood, help reduce high cholesterol, lower blood pressure, help clear allergies, regulate the bowels and bolster immunity against viruses. It also contains high quality protein, 6.5 times more protein than milk. Agaricus is a powerful, multi-talented super-nutrient -- badly needed in this toxic century.

# Cordyceps

*The Super Kidney And Lung Tonic*

## Gaining The Athletic Edge

This amazing mushroom extract has made international sports news. After regular consumption of cordyceps, a team of Chinese women runners shattered 9 world records, breaking the record for the 10,000 meter run by an unprecedented 42 seconds (Chinese National Games, 1993). In another example, a Boston marathon runner who had been taking cordyceps, cut an unbelievable 25 minutes off his time and placed in the top ten winners.

## Premier Kidney and Lung Tonic

The use of cordyceps dates back to ancient China as a famous kidney and lung tonic. It was used to rebuild the body after long term illness. Excellent clinical results in recent times have been reported for those with weakened kidneys, even those in chronic kidney failure.

Research has shown it can increase 17-hydroxy-corticosteroid and 17-ketosteroid levels, acting like a nontoxic super-cortisone. Other kidney-related problems (according to Chinese Medicine) which the mushroom extract can help overcome are chronic fatigue, back and joint pain, tinnitus (ringing ears), anemia, and many types of sexual problems such as impotence (which is classically related to deficient "chi" of the kidney).

The mushroom has a sterling reputation in helping to overcome chronic lung problems, such as asthma and persistent coughs, due to its ability to relax the bronchial passages and improve respiration.

## Natural Anti-Cancer Agent

Cordyceps is a well-known anti-cancer, anti-tumor and anti-infective agent. The extract has been shown to significantly boost depressed immune function (it boosts both B and T-cells).

It has shown outstanding results with lung cancer and lymphoma patients. Fascinating research shows that the mushroom has no effect outside the body, such as in a test tube. Instead, it works only inside the body by upregulating the body's immune system to overcome disease.

## Building Super Blood And Brain Relief

Cordyceps is a premier blood builder. Studies show it can clear anemia due to its ability to build bone marrow and platelet counts. It has also significantly helped normalize arrhythmia (irregular heart beats) and improved blood flow to the heart.

Even chronic hepatitis B patients found the extract increased their blood albumin levels as well as improving their liver and protein metabolism. Other human trials show that cordyceps can also lower high cholesterol and triglyceride levels.

Cordyceps is a natural tranquilizer, having an inherent sedative action due to its amino acids, glutamic acid, tyrosine and L-tryptophan. Cordyceps also has an excellent potential to fight depression since it naturally inhibits monoamine oxidase in the brain without side effects.

## Consumer Alert

The best cordyceps is low-temperature extracted from mycelia which have been specially fermented, *not* just whole mushroom powder.

## References

Shiigai, T. *Dietary treatment of Renal Failure*, 2nd Edition, Tokyo Igakusha Press, 1996.  
Stamets, P., "Cordyceps Sinensis," in *Mycomedicinals*, MycoMedia: Olympia, WA, 1998, p. 22-23.

Rev. 1/29/02